

Mayfield Education

Massage for the relief of discomfort and pain

Program Code	Start Date	Program Length	Campus	Study Mode	Contact
Short Course	7 March 2019	1 day onsite	Mayfield Education Hawthorn	Face-to-Face 9AM to 4PM	(03) 9882 7644

COURSE OVERVIEW

Remedial Massage is a very beneficial and complimentary treatment technique particularly for clients with high pain and discomfort levels and limited mobility. The course would allow healthcare professionals to expand their treatment techniques and can be used as continuing professional development.

ENTRY CRITERIA

Entry Requirements:

- Existing Healthcare professionals or carers of those with pain or discomfort

TRAINING PROGRAM

Learning Outcomes:

- Clearly outline how the treatment will be provided and managed based on assessment and agreed treatment approach
- Inform the client of possible physical or emotional reactions during and following a session, and the appropriate course of action to take
- Follow established protocols to physically prepare the client for treatment
- Determine treatment sequence, location and degree of pressure according to assessment indications and scope of practice
- Adjust treatment techniques and pressure based on client feedback
- Use established massage assessment frameworks
- Provide client education in relation to self-care
- Clearly document treatment details and recommendations made

Key Subject Areas

- Massage overview and benefits
- Prepare for treatment
- Use massage treatments
- Endangerment sites
- Monitor treatment and reactions
- Provide advice to the client
- Documentation and record keeping

DELIVERY

Duration: 9am – 4pm with a 1 hour lunch provided.

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DATE

Intake 1, 2019: 7 March

Intake 2, 2019: 2 May

AWARD

Mayfield Certificate of Attendance

LEARNING PATHWAY

This introduction may encourage participants to pursue further studies in this area.

FEE

\$580. Light lunch provided

LOCATION

Hawthorn campus

Organisations may choose to have this program delivered in the workplace as a customised course

Mayfield Education
2-10 Camberwell Road
Hawthorn East Victoria 3123
Australia

[View Map](#)

RELATED COURSES

Certificate IV in Allied Health Assistance

Foot Care